

DAILY ROUTINE

Morning To Do:

Done:

DAILY ROUTINE

Afternoon To Do:

Done:

DAILY ROUTINE

Evening To Do:

Done:



Help prepare snacks



Help feed pets



Pick out own clothes



Put shoes on shoe rack



Help wipe up spills



Pack toys away



Throw rubbish in bin



Help make bed



Pour drinks into cups



Fetch nappies or wipes



Set own place at table



Recycling



Brush teeth



Fold wash cloths



Put dirty laundry in hamper



Pack pyjamas away



Dress yourself



Help prepare meals



Sweep and dust



Water plants



Collect mail



Help younger siblings



Load or unload dishwasher



Help put groceries away



Help vacuum



Brush teeth



Fold laundry



Hang up clothes



Walk pets



Wash and wipe hands



Polish silver



Tidy room